

# Your VSP Vision Benefits



Welcome to VSP® Vision Care. We'll help keep you and your eyes healthy through personalized care from a doctor you can trust.

Your eyes say a lot about you and can even tell your VSP doctor about you. During your WellVision® Exam, your VSP doctor will look for vision problems and signs of health conditions too.

## Getting started is a breeze.

- **Find the right VSP doctor for you.** You'll find plenty to choose from at [vsp.com](http://vsp.com) or by calling **800.877.7195**.
- **Already have a VSP doctor?** Make an appointment today and tell them you're a VSP member.
- **Check out your coverage and savings.** Visit [vsp.com](http://vsp.com) to see your benefits anytime and check out how much you saved with VSP after your appointment.

That's it! We'll handle the rest – no ID card necessary or claim forms to complete.

Visit the Eyecare Discovery Center at [vsp.com](http://vsp.com) for eye health articles, videos, and interactive games.

**Keep your eyes healthy  
and your vision clear.  
Make your appointment today!**

**Contact VSP** | [vsp.com](http://vsp.com)  
800.877.7195



The Health Service System of San Francisco and VSP provide you with this affordable eyecare coverage in Plan Year 2009-2010.

### Your Coverage from a VSP Doctor

**Exam covered in full** ..... every 12 months

#### Prescription Glasses

**Lenses covered in full** ..... every 24 months  
*Single vision, lined bifocal and lined trifocal lenses.  
Scratch coating covered in full.*

- **Interim Benefit:** Provides lenses every 12 months with a prescription change of .50 diopter or more.

**Frame** ..... every 24 months

- Frame of your choice covered up to \$150.

~OR~

**Contact Lens Care** ..... every 24 months

*When you choose contacts instead of glasses, your \$150 allowance applies to the cost of contacts and the contact lens exam (fitting and evaluation). This exam is in addition to your vision exam to ensure proper fit of contacts.*

### Extra Discounts and Savings

#### Laser Vision Correction Discounts

#### VSP Member Preferred Prices on Common Lens Options

**15% Off Contact Lens Fitting & Evaluation from any VSP doctor within 12 months of your last eye exam.**

### Your Copays

**Exam** ..... \$10

**Prescription Glasses** ..... \$25

**Contacts** ..... No copay applies

### VDT Benefit

The VDT EyeCare Plan (available only to some unions per their contract) includes exam procedures to analyze eyesight requirements associated with using a computer screen (Video Display Terminal). If this coverage applies to you, you may obtain corrective eyewear designed to meet specific health and vision needs of computer users.

#### VDT Glasses

**Lenses covered in full** ..... every 12 month  
*Single vision, lined bifocal and lined trifocal lenses.*

**Frame** ..... every 24 months  
*Frame of your choice covered up to \$75.*

Dollar for dollar you get the best value from your VSP benefit when you visit a VSP network doctor. If you decide not to see a VSP doctor, copays still apply. You are required to pay the provider in full at the time of your appointment and submit a claim to VSP for partial reimbursement.

#### Out-of-Network Reimbursement Amounts:

Exam ..... Up to \$40

Lenses:

Single Vision ..... Up to \$45

Lined Bifocal ..... Up to \$65

Lined Trifocal ..... Up to \$85

Frame ..... Up to \$55

Contacts ..... Up to \$105

*VSP guarantees service from VSP network doctors only.*

*In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail.*