

MAXIMIZE YOUR BENEFITS



SEASONAL FLU SHOTS HEALTH SCREENINGS EXERCISE
CHAIR MASSAGE CRAFTS HEALTHY SNACKS GAMES PRIZES
OCTOBER 20 & 21, 2009 HOTEL WHITCOMB
1231 MARKET STREET 9AM - 4PM

Health Service System

CITY & COUNTY OF SAN FRANCISCO

MYHSS.ORG

MAXIMIZE YOUR BENEFITS FAIR

All HSS members are invited to attend.

Active employees, retirees, and dependents are welcome to attend the fourth annual MAXIMIZE YOUR BENEFITS health fair. It's free!

Free seasonal flu shots, health screenings and more.

Meet with HSS healthcare vendors. Enjoy fitness demonstrations, chair massages, healthy snacks, retiree crafts, giveaways and prizes!

Bring your medical ID card.

You will need your medical ID card to take advantage of the free flu shots and health screenings.

Flu shots, screenings and massages are first come, first served and may not be available to all attendees due to supply and staffing limitations. These seasonal flu shots are for adults only and do not offer protection against the H1N1 swine flu, which requires a different vaccination. Please speak with your doctor about prevention and treatment of H1N1 flu.

EXPRESS PASS

MAXIMIZE YOUR BENEFITS
HEALTH FAIR

OCTOBER 20 & 21, 2009
9 AM to 4 PM

HOTEL WHITCOMB
1231 MARKET ST, SF

blue of california



Pacific Union Dental



BROWN & TOLAND



FIRST NAME _____ LAST NAME _____

E-MAIL _____ PHONE _____

Contact information is for the purpose of notifying door prize winners. You may receive HSS e-mail updates.

MEMBER TYPE

Active Employee

Retiree

EMPLOYER

City & County of San Francisco

San Francisco Superior Court

SFCCD

SFUSD

MEDICAL PLAN

Blue Shield

Kaiser Permanente

City Plan/UnitedHealthcare

Bring this pass and medical ID to the fair.